

## Machine-knitted long-sleeved burial gown & cape



### Machine & materials

Knitted on a standard-gauge machine (Brother KH-881)

Acrylic yarn:

2 ends of 2/30s or one end of 3-ply

Approx. finished weight including edging:

Gown: 30g (just over 1 ounce)

Cape: 50g (just under 2 ounces)

Both: 80g (just under 3 ounces)

Trimmed with 3 mm and 7 or 8 mm wide satin ribbon and one small satin ribbon rose.

### Tension

Tension is not critical for this pattern; the following is just a guide.

40 sts = 12.5 cm; 60 rows = 14 cm

32 sts x 43 rows = 10 cm

Tension dial 4

Approx. finished length of gown:

29 cm (11½")

### Notes

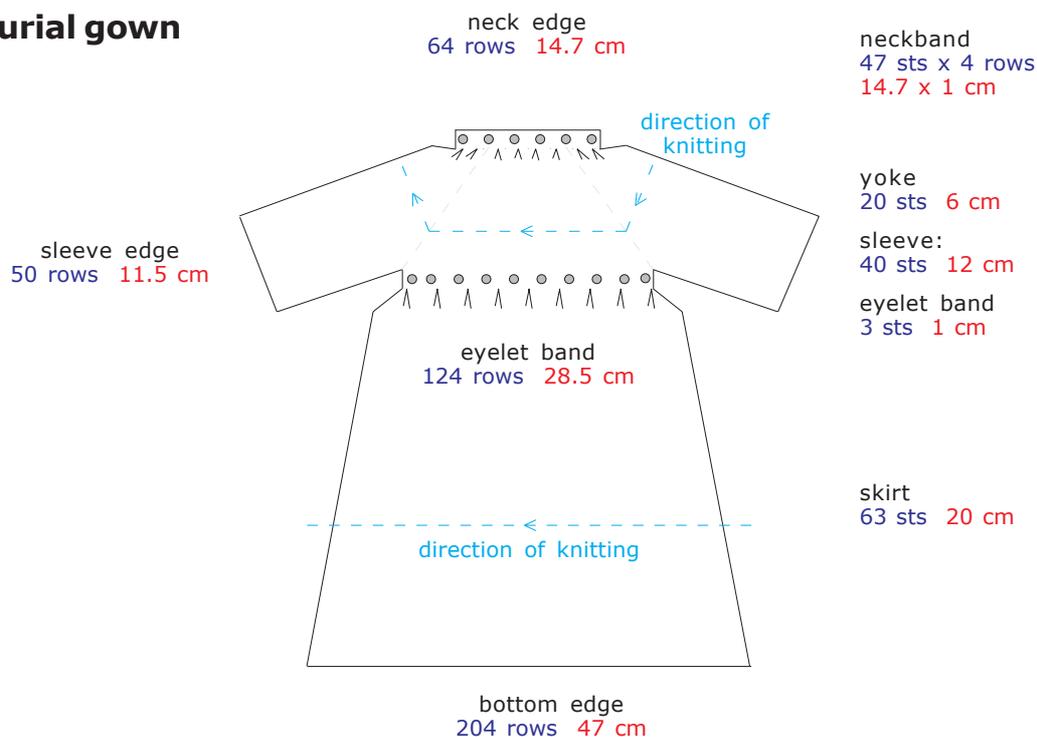
The main pieces of both gown and cape are knitted sideways, starting at centre-back for the gown and centre-front for the cape.

Both are knitted in 'sections' (of 10 rows for the gown and of 8 rows for the cape) using holding position for shaping. The instructions are for the 'auto-wrap' method of short-row knitting.

I weighted the work by re-hanging the cast-on comb at the end of each section, except for the waste-yarn rows for the sleeves, where I used a nylon cord to pull the knitting down.

If you wind off a separate small amount of yarn before beginning, this can be used to knit the sleeves. Then there's no need to cut and rejoin the yarn at the bottom edge.

## Burial gown



### Method

Cast on by hand over 43 + 43 stitches (left and right of centre zero) and knit 2 rows.

Reset row counter to 000 and knit first body section as follows:

### Body section

10 rows knitted over 86 needles; carriage set to hold

Row counter (RC) for first section:

000 Carriage on right (COR): bring 22 needles on left (Nos.43-22 L) to holding position (HP); knit to the left

001 bring 1 more needle on left (21 L) to HP; knit to the right

002 take the 4 needles in HP closest to the carriage (24-21 L) back to upper working position (UWP); knit to the left

003 bring 1 needle on left (24) L to HP; knit to the right

004 take all needles in HP back to UWP; knit to the left

005 transfer stitch 22 L to needle 21 L for eyelet hole, leaving empty needle in working position; knit to the right

006 bring 19 needles on left (43-25 L) to HP; knit to the left

007 bring 1 more needle on left (24 L) to HP; knit to the right

008 bring 2 more needles on left (23-22 L) to HP; knit to the left

009 bring 1 more needle on left (21 L) to HP; knit to the right

010 section complete - take 1 needle (21 L) back to UWP

COR and 22 needles in HP as at beginning

Knit 4 more body sections.

Transfer for eyelet at RC: 015, 025, 035, 045

When the 5th body section is complete (RC 050), take off 66 stitches on right (needles 23 L - 43 R) onto waste yarn. Cut the yarn (or remove from feeder and continue with separate ball).

### **Sleeve**

Using waste yarn, cast on over 20 sts to the right of the stitches still on the machine (needles 23-4 L) and knit a few rows over these 20 sts,

Reset RC to 050 and knit first sleeve section as follows:

#### **Sleeve section**

10 rows knitted over 40 needles; carriage set to hold

RC (for first section):

050 COR: take needles 41-24 L back to UWP, leaving 2 needles on left (43-42 L) in HP; knit to the left

051 bring 1 needle on left (41 L) to HP; knit to the right

052 take 2 needles in HP closest to the carriage (42-41 L) back to UWP; knit to the left

053 bring 1 needle on left (42 L) to HP; knit to the right

054 take the remaining 2 needles in HP (43-42 L) back to UWP; knit to the left

055 just knit to the right

056 bring 1 needle on left (43 L) to HP; knit to the left

057 bring 1 needle on left (42 L) to HP; knit to the right

058 just knit to the left

059 bring 1 more needle on left (41 L) to HP; knit to the right

060 section complete - take 1 needle (41 L) back to UWP  
COR and 2 needles in HP as at beginning.

Knit 4 more sleeve sections.

When the 5th sleeve section is complete (RC 100), take the right-hand 20 stitches (needles 23-4 L) on to waste yarn. Cut yarn.

### **Front**

Pick up the 66 stitches from waste yarn, reset RC to 100 and knit 10 body sections (to RC 200).

Transfer for eyelet at RC: 105, 115, 125, etc.

#### **To complete main part**

At RC 200 take 66 stitches on the right onto waste yarn as before and knit second sleeve, pick up sts as before, reset RC to 250, and knit second half-back (to RC 300).

Transfer for eyelet at RC: 255, 265, 275, etc.

Cancel hold and knit 1 row at main tension (MT), then 1 row at MT+5 (RC 302). Mark end st at neckline corner and cast off with the latch tool.

### **Neckband**

WS facing, hang neckline evenly over 47 needles.

MT, knit two rows.

Leaving empty needles in working position, transfer stitches for eyelets as follows: starting at one end, transfer stitch from 2nd and every following 4th needle to the adjacent needle. This will leave one stitch after the final transfer at the other end.

Knit two rows and cast off.

### **Finishing**

Graft sleeve seams. (I found that an underarm hole inevitably developed due to the stitches stretching while the sleeve was knitted, so I just closed it as neatly as possible when I'd finished the grafting.)

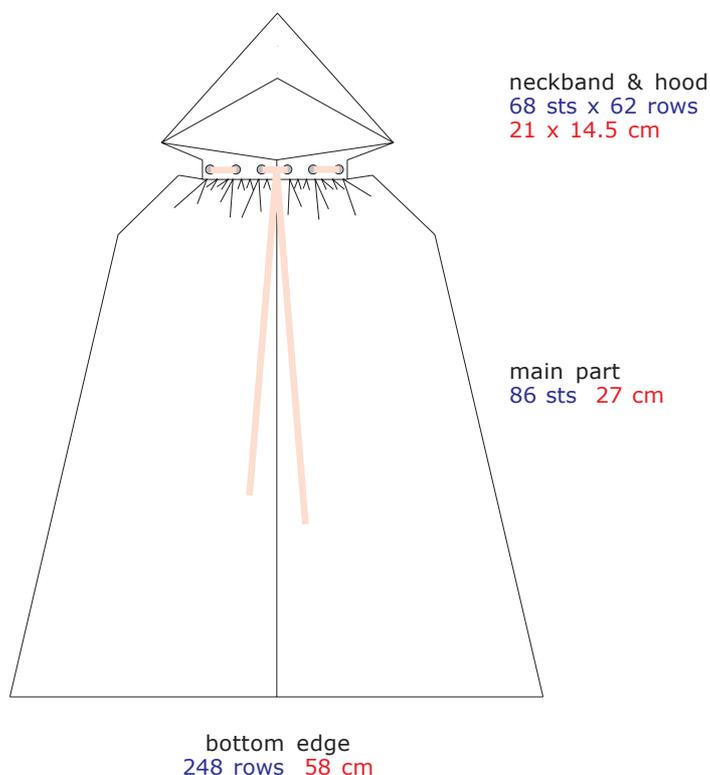
Work two rows of double crochet around all edges except sleeves. Work two more rows of double crochet along the back opening edges, and add a row of shell edging to the hem.

Finish the sleeve edges with one row of double crochet and an eyelet row.

(See page 5 for crochet notes & diagrams.)

Thread 7 mm ribbon through eyelet holes at yoke and neckband, and 3 mm ribbon through the sleeve ends. Sew rose in centre of yoke ribbon.

## Cape



### Main part

Cast on by hand over 43 + 43 stitches (left and right of centre zero) and knit 4 rows.

Reset row counter to 000 and knit first section as follows:

### Cape section

8 rows knitted over 86 needles; carriage set to hold

RC (for first section):

- 000 COR: bring 2 needles on left (Nos.43-42 L) to HP; knit to the left
- 001 bring 1 needle on left (41 L) to HP; knit to the right
- 002 take the 2 needles in HP closest to the carriage (42-41 L) back to UWP; knit to the left
- 003 bring 1 needle on left (42 L) to HP; knit to the right
- 004 take the remaining 2 needles in HP (43-42 L) back to UWP; knit to the left
- 005 just knit to the right
- 006 bring 2 needles on left (43-42 L) to HP; knit to the left
- 007 bring 1 needle on left (41 L) to HP; knit to the right
- 008 section complete - take 1 needle on left (41 L) back to UWP  
2 needles in HP as at beginning

Knit 29 more cape sections.

### To complete the main part

At RC 240, cancel hold and knit 3 rows at normal tension, then knit one row at MT+5, mark end st at neckline corner, and cast off with the latch tool.

### Neckband & hood

WS facing, hang neckline over 68 needles. This is one row-end per needle, so take care not to put one loop over two needles – if in doubt, e-wrap the yarn over all needles.

MT, knit two rows.

Leaving empty needles in working position, transfer stitches for eyelets as follows: starting at each end and working towards centre, transfer stitch from 2nd, 5th and then every following 4th needle to the adjacent needle. This will leave 2 stitches between transfers in the centre.

Knit 60 more rows and knit to waste yarn.

### Finishing

Graft the hood-top seam.

Work two rows of double crochet around all edges. Work a row of shell edging on all edges except the ends of the neckband – slip-stitch over these bits. (See page 5 for crochet notes & diagrams.)

Thread 7 mm ribbon through eyelet holes in neckband.

## Eyelet edging

The sleeve-ends were finished (1.50mm hook and same yarn as for knitting) as follows.

On a foundation row of dc:

Row 1: 4 ch, miss next stitch, \*1 treble, 1 ch, miss next stitch; repeat from \* to end

Row 2: 1 ch, \*2 dc into each 1-ch space; repeat from \* ending with dc into last stitch

This gives an edge of small eyelets for threading very narrow ribbon.

## Crochet shell edging

Can be worked on a foundation row of double crochet direct into the fabric edge, or on a foundation chain and then attached to the edge. I prefer the look of this edging on the 'wrong' side.

### 1 Basic pattern



Multiple of 4 sts + 1

3 chain to stand as first treble, 1 treble into same place

\*miss a stitch, 1 double crochet into next stitch,  
miss a stitch, 4 trebles into next stitch

Repeat from \*

ending with miss a stitch, two trebles into last stitch

### 2 How to fit the pattern into a multiple of 4 plus 3 stitches:



Multiple of 4 sts + 3

### 3 & 4 Two ways of turning a corner:

If working double crochet into the fabric edge, work three stitches into same place at the corner - the second of these is the 'corner' stitch in the diagrams below

